



# CHOQUEQUIRAO TREK 4 DAYS ECONOMIC

EXPLORE AND LIVE UNFORGETTABLE MOMENTS





## DESCRIPTION

The Choquequirao 4 day trek is without a doubt an amazing and extraordinary adventure, it explores one of the biggest places built by the Incas even 3 times bigger than Machu Picchu also known as the hidden city or the cradle of gold. A hidden city at the top of the Apurimac River mountains.

Discover the architectural jewel of the Incas on a trek that will challenge your physical and mental limits to renew yourself from head to toe. If you're addicted to physical activity, you love nature, and you're passionate about the history of ancient civilizations, this route is perfect for you.

The Choquequirao Route is really spectacular and almost no tourist visits it. Little known, little visited, little explored. Choquequirao is believed to be the legendary last city inhabited by the Incas. You'll be surprised by its size since it's much larger than Machu Picchu.

Prepare yourself for a journey through time, leaving modernity and worries behind as you walk through the stone streets of Choquequirao and Machu Picchu. Imagine a lifestyle where great importance was given to the community and where there was a deep love and respect for Mother Nature, or Pachamama. This intense and important connection between human beings and nature allowed the Incas to carry out true wonders of architecture and engineering.

During this adventure you'll travel the ancient paths that the Incas used, climb the high Andean peaks, contemplate the majesty of the glaciers, descend through deep canyons where the condors fly, and cross completely different ecosystems from one another.



# FULL ITINERARY

## CHOQUEQUIRAO TREK 4 DAYS ECONOMIC

### **Why Take the Choquequirao Trek?**

- ✓ Explore the largest Inca archaeological site that exists: Choquequirao.
- ✓ Connect with the energy of this sacred place and with Mother Nature amid the tranquillity that only this area can offer you.
- ✓ Enjoy a wide variety of landscapes and climates.
- ✓ Get to know the Apurímac Canyon, which is the deepest in the American continent and that's located next to Choquequirao.

Today we start the day picking you up from your hotel at 4:30 am, to travel for 3:30 hours to the starting point called Capuliyoc, where we will have breakfast overlooking the snowy padrioc, for sure you will be dazzled with the incredible views from here.

After breakfast we will descend by a downhill trail to Chiquisca where we will have lunch, during the hike we will have views of the Apurimac canyon and if we are lucky we will see the Andean condor.

After lunch we will continue hiking downhill for approximately 1 hour to Rosalina beach point, where you can also take a dip in the Apurimac river and refresh yourself, then we continue hiking for approximately 3 hours to Marampata, where we will spend the night in local cabins that have an excellent location for a panoramic view of the Apurimac canyon.

**WALKING DISTANCE**

17 km / 10.56 mi

**MEALS**

Breakfast, lunch, dinner.

**ACCOMMODATION:**

Local Hostel



Today we will wake up with a cup of coffee or tea with a beautiful sunrise and a view of the Apurimac canyon, to get ready and have breakfast, remember that today will be the big day to visit Choquequirao one of the last refuges of the Incas also known as the Cradle of Gold.

After breakfast we will start the hike through a flat road and slopes that go up and down for approximately 2 hours to the archaeological center of Choquequirao where we will visit the Main Plaza, the Guardian's House, the Andean Andean Andean Platforms, the Andean Platforms of Llamas, here you will have a chance to see the Andean condor of the 60%.

After exploring Choquequirao we will have lunch and return the same way we came to Maranpata to our local cabins. In the evening we will have a delicious dinner prepared by our hosts.

**WALKING DISTANCE:**

10 km / 6.21 mi

**MEALS:**

Breakfast, lunch, dinner.

**ACCOMMODATION**

Local Hostel

Today will be a beautiful and relaxing day as we will only hike for 3 hours to our Chiquisca camp on the way back along the same path we came on day 1, so you can wake up a little later to start the hike.

At Chiquisca camp we will have plenty of time to explore the surroundings or rest. Remember that this place is an oasis, so make the most of it by exploring the surroundings.

In the afternoon we can also see the sugar cane plantations as this oasis is formed only by 3 families who are only dedicated to the planting of cane and our guide can show you how the cane juice is extracted and then drink it and also where the sugar cane is made.

**WALKING DISTANCE:**

8 km / 4.97 mi

**MEALS**

Breakfast, Lunch, Dinner

**ACCOMMODATION**

Local Hostel



Today we will wake up very early at approximately 4:30 am to have breakfast and start the hike uphill before we get the sun, this way we will arrive fresh and with good energy at the end of the hike Capuliyoc, here we will have lunch and then board our bus back to Cusco, on the way we have the option to enter the hot springs of Conoc, here you can cool off with a dip and have a beautiful view of the landscape offered by this place, then return to Cusco, in Cusco we will finish from 3:30 to 4:00 pm.



**WALKING DISTANCE:**  
7 km / 4.34 mi



**MEALS**  
Breakfast, Lunch



**DIFFICULTY:**  
Moderate



# INCLUSIONS

## INCLUDED / NOT INCLUDED

At Peru Hike company, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details to avoid missing anything. Some items may be different for specific programs, so please read carefully before booking with us.



# WHAT IS INCLUDED?

## High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced Guide speaks English and Spanish
- ✓ A professional cook only for our group
- ✓ Motorola Talkabout Radio, for communication
- ✓ Medical Kit – First Aid Kit
- ✓ One duffle bag per person
- ✓ Customer Service 24/7
- ✓ Extra oxygen

## Transportation

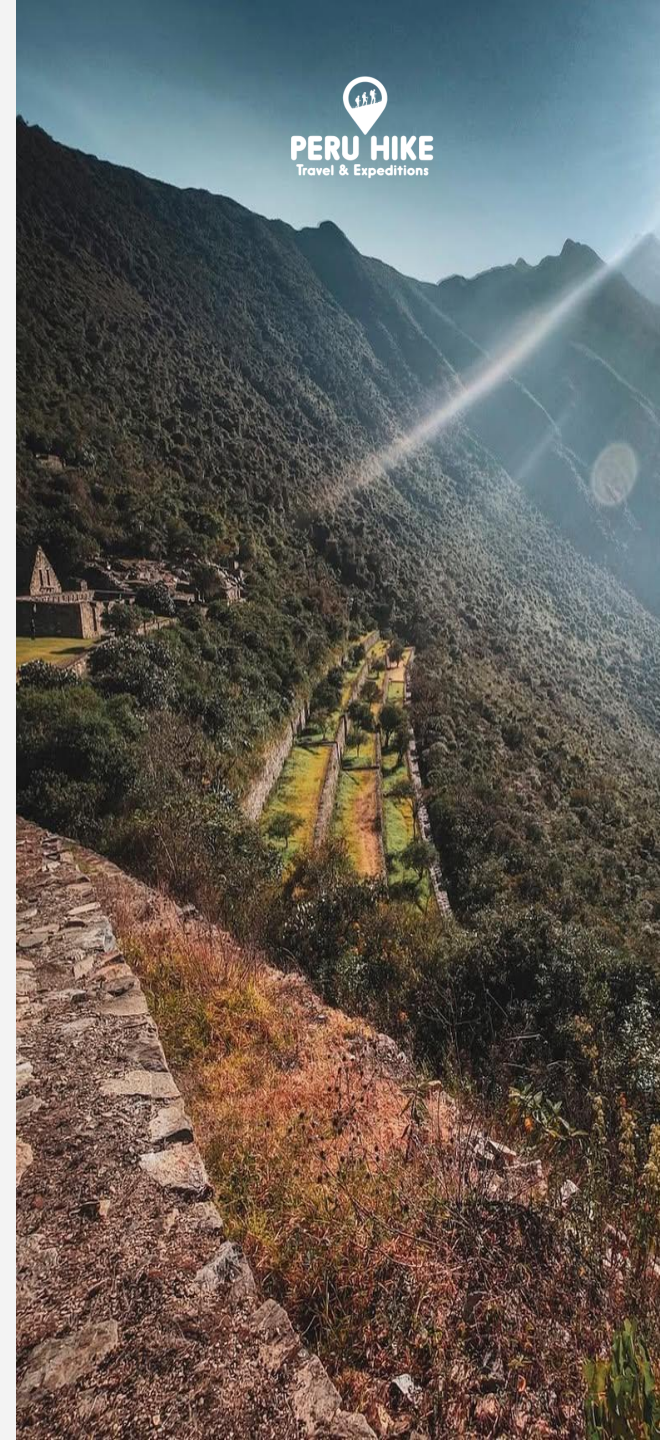
- ✓ Private transportation from your hotel in Cusco to the start of the trek.
- ✓ **Horses, and muleteers** horses carry your 8-kg / 16-pound personal items.
- ✓ Private transportation from the end of the trek to Cusco to your hotel.

## Meals

- ✓ Meals: 4 Breakfasts, 4 Lunches, and 3 Dinners
- ✓ Meals: vegetarian and vegan

## Accommodation

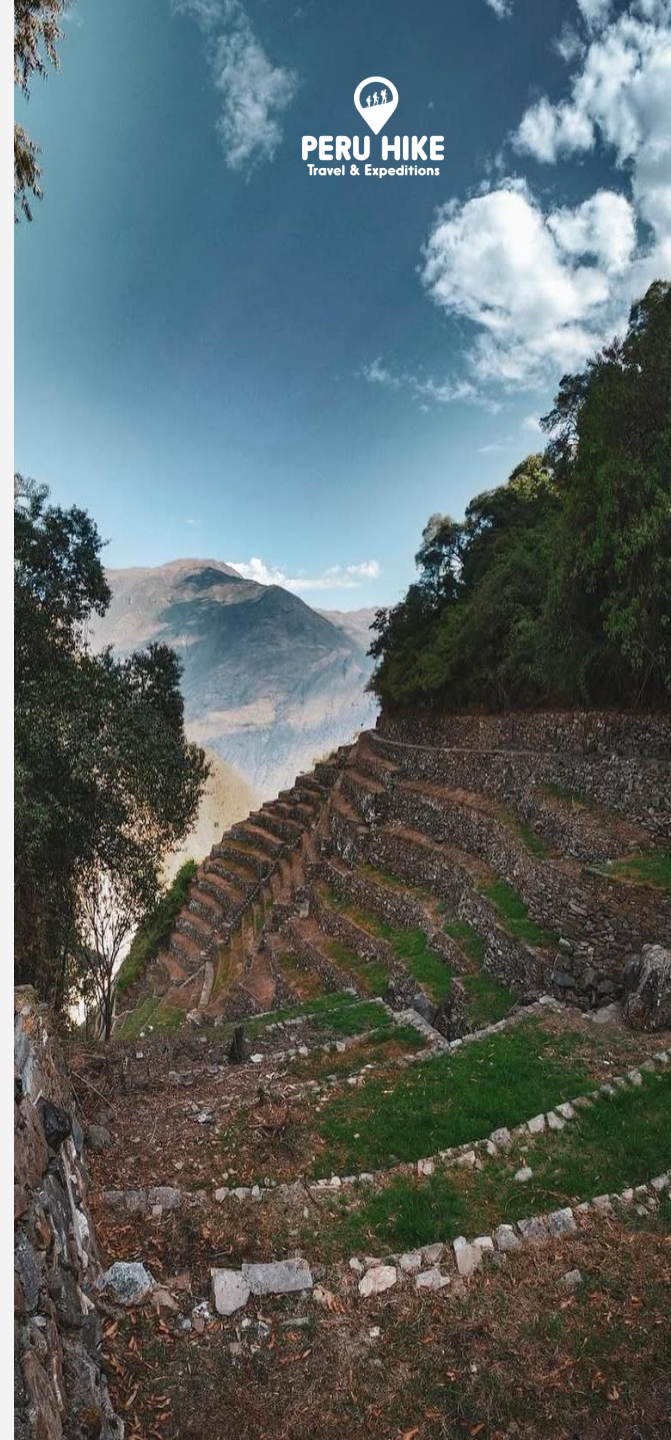
- ✓ Personal Accommodation in Private Local Hostels
- ✓ Pillows throughout the tour.



# WHICH IS NOT INCLUDED?

## What Is Not Included?

- Travel Insurance.
- Tips for our staff.
- Additional costs or delays out of control of the management.
- Trekking stick rent it with us for **\$10**.
- Entrance ticket to Choquequirao (**S/ 70**).
- Horse to ride to choquequirao (**\$ 80**).







# BEFORE YOU GO

## Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Peru Hike Company in one place. Please read the following information carefully – it will help you with any questions about our services.

## How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek. You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek. Here are some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:

### City Tour and Sacred Valley



City Tour



Sacred Valley



### Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another meeting by email, by phone or at the Peru Hike Company office.



### Trek Balance Payment (in Cusco)

The trek has to be paid for in full at most 6.30 pm one day before your departure (generally after the briefing). It would be much appreciated if you pay the trek balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay an charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.





### Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route. It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.



### Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in). A maximum 6 kg / 13 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.



### Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



### Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge. Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of the, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.



### Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.



### Pick up of guests

Peru Hike Company can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup with me in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic. Cusco is an old city, meaning it has many narrow cobble streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

# THANKS!

DO YOU HAVE ANY QUESTIONS?



**24 HRS. EMERGENCY**

**CALL:** +51 917815987

[Opening hours – 7:30 am to 19:30 pm]



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**Location:**

[Cusco, Peru Click here](#)

