



# **HORSEBACK RIDING TO UPIS LAKE AND 7 LAKES OF AUSANGATE 1 DAY**

**EXPLORE AND LIVE UNFORGETTABLE MOMENTS**



## DESCRIPTION

The tour of the Upis Lake and the 7 lagoons of Ausangate is one of the most complete circuits because you will see 9 colorful lagoons, located at the base of the imposing Ausangate, also considered by the Andean people one of the highest and most important mountains in the Cusco region. We will ride on horseback and have the best views and live a different experience where you will see herds of alpacas, vicuñas, llamas, chinchillas, and Andean birds in a dream landscape where you will be connected with nature.

The Tour of the 7 Lakes is one of the most beautiful routes in all of the Vilcanota Mountain Range; you'll stand before the imposing Ausangate, one of the 5 highest snowcaps in Peru. You'll have the opportunity to connect with the purest of nature and gaze upon a gorgeous place in the Andes of Cusco surrounding these multi-colored lakes.

On top of that, you'll take a dip in the hot springs of Pacchanta to relax before enjoying a traditional lunch prepared by a local family who will cordially receive us in their home. This is a one-day excursion, within which you'll discover indigenous communities who still keep their cultures and traditions alive today. Are you ready to live this experience?

This incredible, one-day adventure will start early, leaving Cusco in private transportation toward the community of Pacchanta. There, we'll be received by a local family who will offer a nutritious, traditional Andean breakfast so that we can start our journey to the 7 Lakes through the Andes Mountain Range. On the way, we'll enjoy incredible vistas of immense glaciers, including the imposing Ausangate at 6,384 meters (20,945 feet) above sea level.



# HORSEBACK RIDING TO UPIS LAKE AND 7 LAKES OF AUSANGATE

## 1 Day Tour



**PERU HIKE**  
Travel & Expeditions



Kinsacocha  
4630 m. / 15190 ft.

Viewpoint of the 7 lagoons  
Nyna Parayoc  
4800 m. / 15748 ft.

**Ausangate 7 Lakes**  
4600 m. / 15091 ft.

**Upis Lake**  
4480 m. / 14698 ft.

**Tinke**  
3800 m. / 12467 ft.

**Ocongate**  
3500 m. / 11842 ft.

**Upis Viewpoint**  
4470 m. / 14665 ft.

Trekking  
Starting Point

**AUSANGATE**  
6300 m. / 20900 Ft.

**Cusco**  
3400 m. / 11155 ft.

**Urcos**  
3150 m. / 10334 ft.

- DISTANCE / HOURS
- CAMPS
- LUNCH & REST AREA
- PASS POINT
- RIVER
- FOOTPATH
- MAJOR ROAD
- MINOR ROAD
- LAGOON



# FULL ITINERARY

## HORSEBACK RIDING TO UPIS LAKE AND 7 LAKES OF AUSANGATE 1 DAY

### **Why Take the Horseback Riding to Upis Lake and the 7 Lakes of Ausangate 1 Day?**

- ✓ Ride a horse more than 22 km around the snowy Ausangate.
- ✓ See more than 9 lakes in 1 day around Ausangate mountain.
- ✓ Enjoy incredible views of herds of alpacas like in a paradise.
- ✓ Live the experience of enfronting the hidden wonders of the Andes.
- ✓ Explore one of the most beautiful parts of the Ausangate glacier route in just one day.
- ✓ Immerse yourself in the daily life of the most traditional communities in this area of the Andean heights.
- ✓ Observe the diverse flora and fauna of the region. See alpacas and llamas grazing in their natural habitat.
- ✓ Enjoy a relaxing swim in the hot springs of Pacchanta with one of the most precious views of the Ausangate glacier, the highest and most sacred in the region of Cusco.
- ✓ Traverse the 7 green and turquoise lakes; they'll make this hike a most unique experience.



Our adventure begins with the pick up from your hotel, then we will travel in our private car for 3 hours to the viewpoint of Upis, where we will have breakfast and then begin the adventure on horseback to Upis Lake for 1 hour, here we will have free time to appreciate the lake and take amazing pictures.

Then we will continue on horseback for 3 hours to the 7 lagoons of Ausangate, during the ride you will have beautiful views of dreamlike landscapes, upon reaching the circuit of the 7 lagoons of Ausangate, we will begin to explore the 7 lagoons of different colors and named for the color that highlight each lagoon.

Then we will ride a flat trail for 2 hours to the town of Pacchanta during the ride you will have views of herds of Alpacas y Llamas grazing freely throughout the landscape, you will also have views of rivers and green valleys.

Arriving at the village of Pacchanta you will have plenty of time to take a relaxing bath in the hot springs. Then we will have lunch and then board our car back to Cusco for 3 hours, our guide will drop you off at the door of your hotel.

**WALKING DISTANCE**

22 km / 13.67

**MEALS**

Breakfast and Lunch

**HIGHEST ELEVATION:**

4800 m. / 15748 ft.



# INCLUSIONS

## INCLUDED / NOT INCLUDED

At Peru Hike company, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details to avoid missing anything. Some items may be different for specific programs, so please read carefully before booking with us.

# WHAT IS INCLUDED?

## High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced Guide speaks English and Spanish
- ✓ Medical Kit – First Aid Kit
- ✓ Customer Service 24/7
- ✓ Extra oxygen

## Permits & Entrance Tickets

- ✓ Entrance ticket to Ausangate and 7 lakes
- ✓ Entrance ticket to pacchanta hot springs

## Transportation

- ✓ Horses trained to ride for the entire circuit
- ✓ Private transportation from your hotel in Cusco to the start of the trek.
- ✓ Private transportation from the end of the trek to Cusco to your hotel.

## Meals

- ✓ Meals: 1 Breakfasts, 1 Lunches
- ✓ Meals: vegetarian and vegan
- ✓ Water to drink on the way

## Additional Included

- ✓ Trekking stick

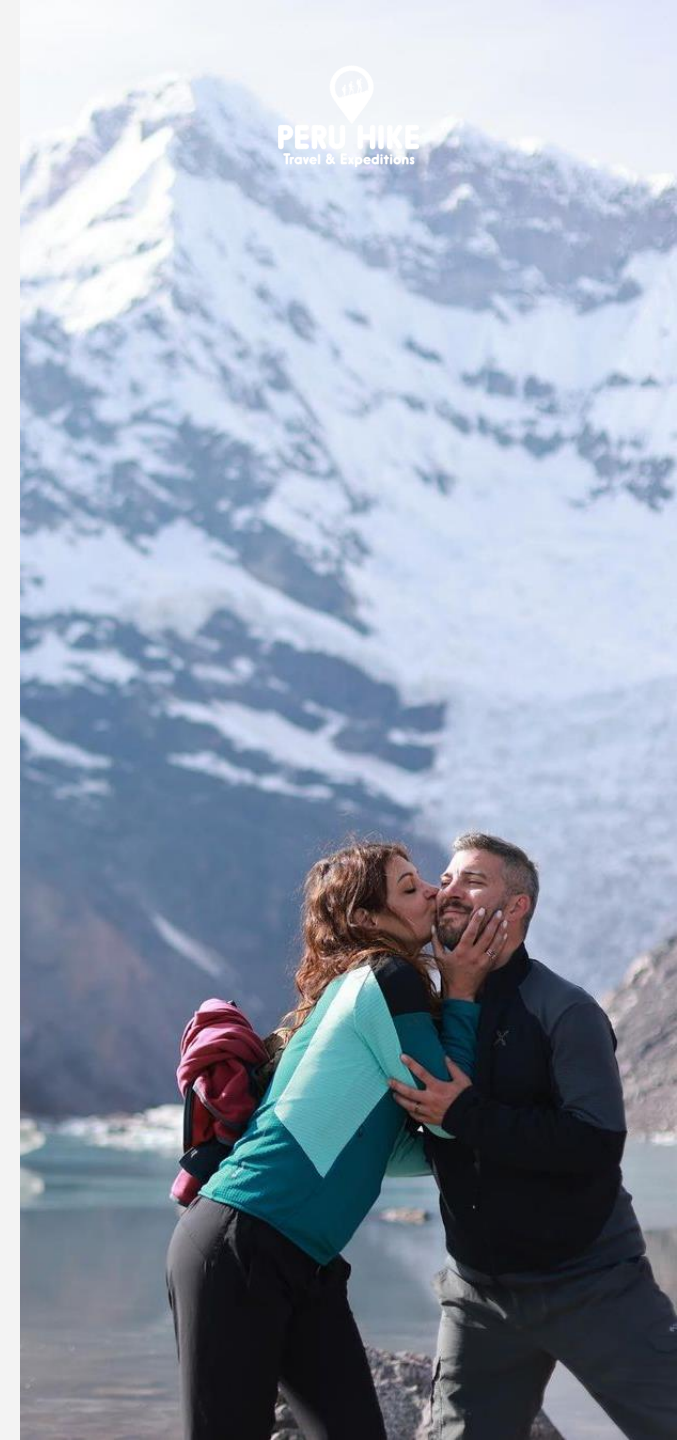




# WHICH IS NOT INCLUDED?

## What Is Not Included?

- Travel Insurance
- Tips for our staff
- Additional costs or delays out of control of the management







# BEFORE YOU GO

## Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Peru Hike Company in one place. Please read the following information carefully – it will help you with any questions about our services.

## How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek. You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek. Here are some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:

**City Tour and Sacred Valley**



**City Tour**



**Sacred Valley**



### **Briefing or Informative Meeting**

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another meeting by email, by phone or at the Peru Hike Company office.



### **Trek Balance Payment (in Cusco)**

The trek has to be paid for in full at most 6.30 pm one day before your departure (generally after the briefing). It would be much appreciated if you pay the trek balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay an charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.





### Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route. It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.



### Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



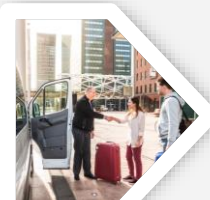
### Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.



### Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge. Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of the, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.



### Pick up of guests

Peru Hike Company can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup with me in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic. Cusco is an old city, meaning it has many narrow cobble streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

# THANKS!

DO YOU HAVE ANY QUESTIONS?



**24 HRS. EMERGENCY**

**CALL:** +51 917815987

[Opening hours – 7:30 am to 19:30 pm]



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**Location:**

[Cusco, Peru Click here](#)

