



RAINBOW MOUNTAIN AND RED VALLEY HIKE 1 DAY IN GROUP ECONOMIC

EXPLORE AND LIVE UNFORGETTABLE MOMENTS



DESCRIPTION

Located in the Cusco region, Rainbow Mountain, also known as Vinicunca or the Mountain of Seven Colors, is one of Peru's most breathtaking destinations. This mountain, standing at approximately 5,200 meters (17,060 feet) above sea level, owes its vibrant hues to the mineral composition of the soil, creating a stunning visual effect with streaks of red, yellow, green, and blue.

To reach Rainbow Mountain, visitors must embark on a 6-kilometer (3.7-mile) hike from the starting point in the Cusipata community. The trek, while challenging due to the high altitude, offers rewarding panoramic views of snow-capped peaks, herds of llamas and alpacas, and the vast Andean landscape.

Not far from Vinicunca lies the Red Valley, a lesser-known but equally mesmerizing site. As its name suggests, this valley is covered in a deep red terrain due to its high iron oxide content. The contrast between the bright blue sky, sparse vegetation, and crimson mountains creates a surreal, almost Martian-like landscape.

Both destinations provide a unique experience for trekking and nature enthusiasts, allowing travelers to witness the mystical beauty of the Peruvian Andes and immerse themselves in the rich culture of the local communities.



FULL ITINERARY

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Why Take the Rainbow Mountain and Red Valley Trek?

- ✓ The Rainbow Mountain, also known as Vinicunca, is in the midst of a land full of wild desert landscapes, snow-capped glaciated peaks, herds of alpaca, and pristine beauty.
- ✓ Rainbow Mountain is close to the highest sacred mountain in the Cusco region, Ausangate.
- ✓ You will trek through one of the most pristine mountain ecosystems in the world and take in beautiful mountain views and wildlife in its natural habitat for two days.
- ✓ This two-day route allows you to avoid most crowds and follow little-trodden trails to reach the colorful summit.
- ✓ Sleeping relatively close by to Rainbow Mountain in a comfortable tent also avoids the need for a painfully early departure time pre-sunrise from Cusco as a day trip.
- ✓ You will be able to reach Rainbow Mountain before most of the crowds descend on the peak.

The journey begins early in the morning with a hotel pickup in Cusco, usually around **4:30 to 5:00 AM**. A scenic drive south follows, passing through breathtaking Andean landscapes until reaching the town of Cusipata. Here, at a local restaurant, a hearty breakfast is served to provide energy for the trek.

After breakfast, the journey continues by vehicle to Phuluwasipata, the starting point of the hike. From here, the ascent begins along a gradually rising trail surrounded by mountains and grazing llamas. As the hike progresses, the air becomes thinner, and the altitude is noticeable, but the stunning scenery makes the effort worthwhile.

Upon reaching the summit of Rainbow Mountain (Vinicunca), usually around mid-morning, visitors are rewarded with vibrant hues of red, yellow, and green that have made this destination one of Peru's most iconic natural wonders. There is time to rest, take photographs, and admire the breathtaking views of the Andean mountain range.

Instead of returning directly, the trek continues toward Red Valley, a less-visited but equally mesmerizing location. This valley gets its striking red tones from the high mineral content in the soil, creating a landscape that looks almost otherworldly. Visitors explore the area, taking in the dramatic formations and the peaceful atmosphere.

After exploring Red Valley, the descent begins back to Phuluwasipata. From there, the vehicle transports the group back to Cusipata, where a buffet lunch featuring local dishes awaits, allowing everyone to recover their strength.

Finally, the return journey to Cusco, starting in the early afternoon, offers another chance to admire the Andean scenery before arriving back in the city around 4:00 to 5:00 PM. Upon arrival, guests are transferred back to their hotels. **In case of heavy traffic, drop-off will be at a location one block away from Cusco's main square.**

**WALKING DISTANCE**

7 Km / 4.35 miles

**MEALS**

Breakfast and Lunch

**HIGHEST ELEVATION:**

5,100 m / 17,414 ft



INCLUSIONS

INCLUDED / NOT INCLUDED

At Peru Hike company, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details to avoid missing anything. Some items may be different for specific programs, so please read carefully before booking with us.

WHAT IS INCLUDED?

High Quality Service & Safety

- ✓ Experienced Guide speaks English and Spanish
- ✓ Medical Kit – First Aid Kit
- ✓ Customer Service 24/7
- ✓ Extra oxygen

Transportation

- ✓ Private transportation from your hotel in Cusco to the start of the trek.
- ✓ Private transportation from the end of the trek to Cusco to your hotel.

Meals

- ✓ Meals: 1 Breakfasts, 1 Lunches
- ✓ Meals: vegetarian and vegan



WHICH IS NOT INCLUDED?

What Is Not Included?

- Travel Insurance
- Tips for our staff
- Additional costs or delays out of control of the management
- Extra Horse (\$25)
- Entrance ticket to Rainbow Mountain (S/25)
- Entrance ticket to Red Valley (S/25)





BEFORE YOU GO

Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Peru Hike Company in one place. Please read the following information carefully – it will help you with any questions about our services.

How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek. You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek. Here are some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:

City Tour and Sacred Valley



City Tour



Sacred Valley



Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another meeting by email, by phone or at the Peru Hike Company office.



Trek Balance Payment (in Cusco)

The trek has to be paid for in full at most 6.30 pm one day before your departure (generally after the briefing). It would be much appreciated if you pay the trek balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay an charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.



Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route. It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.



Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.



Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in). A maximum of 8 kg / 17 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.



Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge. Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of the, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.



Pick up of guests

Peru Hike Company can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup with me in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic. Cusco is an old city, meaning it has many narrow cobble streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

THANKS!

DO YOU HAVE ANY QUESTIONS?



24 HRS. EMERGENCY

CALL: +51 917815987

[Opening hours – 7:30 am to 19:30 pm]



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Location:

[Cusco, Peru Click here](#)

